

## Event Information

What: Good Turn for America Stars & Strides Fun Run/Walk (5K run/walk and 1 mile Fun Run/walk)

Where: Scout EXPO 2007 – Florida State Fairgrounds

When: Race Time is Saturday, March 31, 2007 at 7:00 a.m.  
Check-in Saturday starts at 6:30 a.m.

Entry Fee: T-shirts provided to all pre-registered 5K participants.

Through Friday, March 2, 2007  
\$15 per person  
\$12 per BSA member/volunteer (must register as a unit with 10 or more participants)

March 3 – March 16, 2007  
\$20 per person  
\$15 per BSA member/volunteer (must register as a unit with 10 or more participants)

Race Day  
\$25 per person  
\$20 per BSA member/volunteer (must register as a unit with 10 or more participants)

Entry Fee: No t-shirts provided to 1-Mile Fun Run participants.

One canned good per participant (no pre-registration required). All canned goods will be donated to America's Second Harvest Food Bank as part of our Scouting for Food efforts.

Race Route: The 5K route will be across the Florida State Fairgrounds and will utilize various surfaces, including path, grass, clay and paved road that traverses the property. A race route map will be available on-line at [www.boysscouting.com](http://www.boysscouting.com) by March 1, 2007. While both race distances will be accurate, the trails will not be certified.

5K Awards: Overall male/female

Overall “masters” male/female (40+)

Awards to each of the top two male/female finishes in each age group; no duplication of awards: 0-9; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-69; 70+

Top Scouting Unit (the top five finishers from each unit will determine race time)

Food: Fresh fruit, water, sports drinks and snacks will be available to race participants at no extra charge.

Proceeds: Funds raised from the Stars & Strides Fun Run/Walk will support the many Good Turn for America projects Gulf Ridge Council, BSA, promotes.

First Aid: All participants must sign a waiver of claim; however, medics will be on-site to monitor participants. In addition, a first-aid station will be staffed to provide non-emergency care.

Camping: No camping will be available on the night prior to the event.

Tour Permit: Absolutely! Units participating on Saturday must also provide proof of tour permit upon arrival Saturday morning.

Questions: For additional information or to volunteer with the exciting committee of dedicated Scouters, contact Marc Morris, Good Turn for America chair (813-989-8804 or [marcmorrisair@msn.com](mailto:marcmorrisair@msn.com)) or Ruth Morris, Activities and Civic Service chair (813-989-2816 or [ruthsr508@mac.com](mailto:ruthsr508@mac.com)). The professional advisor for all ACS events is Randy Saunders (813-872-2691 or [rsaunders@boysscouting.com](mailto:rsaunders@boysscouting.com)).

We hope you will join us in this worthwhile event on Saturday, March 31, 2007 as part of this year's Scout EXPO at the Florida State Fairgrounds. Encourage your pack, troop, crew or post to join the rest of us in putting on our running shoes, and “getting out there” in preparation of the first annual Good Turn for America Stars & Strides Fun Run/Walk for Gulf Ridge Council, BSA!

**Stars & Strides 5K Fun Run/Walk  
Unit Registration and Contact Information**

***One registration form per individual. Unit registrations must include minimum 10 participants and submitted together. No pre-registration required for 1-Mile Fun Run.***

Pack/Troop/Crew/Post (circle one) # \_\_\_\_\_ District \_\_\_\_\_

Name of Unit Contact \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Name of participant \_\_\_\_\_ Sex: M F (circle)

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Age on March 1, 2007 \_\_\_\_\_ Payment enclosed \_\_\_\_\_  
(Note fee scale on information sheet)

T-shirt size (circle) AS AM AL AXL AXXL

***In consideration of the acceptance of this registration entry, I assume full responsibility for injury or accident which may occur during participation in this race, or while on the premises of this event, and hereby release and hold harmless the sponsor, Gulf Ridge Council, Boy Scouts of America, and all other promoters, persons and entities associated with this event from any and all injury or damage, whether it be caused by the negligence of the sponsors or promoters or entities associated with this event or their agents or employees or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. Fees are not refundable.***

\_\_\_\_\_  
Signature (parent or guardian if under 18)

\_\_\_\_\_  
Date

Return form and payment to: Gulf Ridge Council, BSA  
ATTN: Stars & Strides 5K Fun Run/Walk  
13228 N. Central Avenue  
Tampa, FL 33612



**Stars & Strides 5K Fun Run/Walk  
March 31, 2007**

**Scout EXPO – Florida State Fairgrounds**

**Leader's Guide**

*“ . . . to keep myself physically strong . . . ”*